# THE MEDSPA AT PSIW
## LASER HAIR REMOVAL

*LONG TERM REDUCTION OF BROWN OR BLACK HAIR. SAFE FOR ALL SKIN TYPES.*

## PRE-TREATMENT INSTUCTIONS

*Accutane must be discontinued for at least six months prior to treatment.*

Do not pluck, wax, or use epilating creams in the treatment area 4-6 weeks prior to your treatment.

Shave the area to be treated prior to appointment. If the hair is not shaved, there will be an additional charge for this service.

Avoid sun/sunless tanner 4 weeks prior to treatment to decrease risk of pigmentation issues or burns.

For facial treatments:
Arrive with a clean face, without makeup or tinted products.
Stop retinols 7 days before your visit.
If you're prone to cold sores, ask your provider regarding a prophylactic antiviral prescription.

Follow recommended timeline: 4-6 weeks for face, under arms, and bikini area; 8-10 weeks for body.

## POST-TREATMENT INSTRUCTIONS

Aloe gel or a cool compress will be applied following your treatment.

Burns, while rare, are generally not serious if they occur. Apply bacitracin/neosporin until resolved.

If there is crusting, you may apply Aquaphor daily.

Avoid retinoids for 3 days post-treatment or until any crusting disappears.

Limit sun exposure throughout treatments and wear a broad-spectrum UVA/UVB sunscreen daily.

Avoid excessive heat for the remainder of the day.

You may notice some singed hairs and hairs that are working their way up out of the follicle. This shedding process may take up to several weeks. You may shave hair as needed between sessions.

After your initial series of treatments, we recommend a maintenance treatment annually. This may be more or less frequent depending on the individual.

*Following these instructions will ensure best results, though due to the nature of laser and individual biology, there are no guarantees of outcomes. A successful laser reduction is considered 80% less hair growth, though this can range more or less depending on the person. There will always be some hair follicles that remain, despite best efforts.*